International Workshop

“Food, health, and factors promoting longevity”

March 5th-6th, 2020 Novara – Italy
Campus Perrone, Via Perrone 18

Thursday, March 5th

08.00-09.30 Arrival and Registration
09.30-10.30 Welcome and opening of the meeting
10.30-11.00 Session 1: From the cell to the clinic
   Chair: Fabio Penna & Antonia Follenzl
   Hazel Szeto Mitochondrial bioenergetics and healthspan
   Joel C. Glover Modeling age-related neurological diseases in vitro
   Mario Ott Cell-autonomous and endocrine mechanisms of skeletal muscle
   Francesco Ruzzo Identification of a phytotherapy formulation useful to
   counteract muscle atrophy
12.30-13.00 Short Talk(s) chosen from Abstracts
   Lunch and poster viewing
15.00-15.30 Session 2: Nutrition and microbiota
   Chair: Diana Di Gioia & Flavia Prodol
   Francesco Neri Transcriptional and epigenetic landscape of the
   intestinal epithelium during aging
15.30-16.00 Laura Bindekas Does the gut microbiota affect muscle atrophy?
16.00-16.30 Marco Giorgi Disclosing the aging-nutrition interaction through
   trans-omics analysis
17.00-17.30 Short Talk(s) chosen from Abstracts
   Dinner for the invited speakers

Friday, March 6th

09.00-10.30 Session 3: Biological predictors of health and longevity: what we learned from cohorts
   and what we still could learn
   Chair: Giuseppe Metello & Fabio Faggiano
   Eline Slagboom, TITLE TBD
   Paolo Garagnani, Genetics and epigenetics of healthy aging
   Paolo Vinis Are cohort studies still useful for research on aging?
   Carlotta Saccorotti EPIC: how an international study on diet and cancer can help understand aging

10.30-11.00 Coffee Break
11.30-12.00 Session 4: Promoting health interventions
   Chair: Marco Mitera & Marco Invernizzi
   Salvatore Panico Mediterranean diet: from Ancel Keys to the Pyramids
   Antonio Mordone, New approaches in home-based exercise to improve mobility in elderly subjects
12.30-13.00 Short Talk(s) chosen from Abstracts
   Closure and departure

Registration
The participation is free, registration is required.

Abstract session
Researchers are invited to send an Abstract to: fhl2020@uniupo.it
Oral presentations will be selected from the Abstracts.

Information
fhl2020@uniupo.it
www.foodhealthlongevity.eu